

Pregnatal®

ALL-IN-ONE SUPPLEMENT

Iron · Folic acid · Calcium
Vitamins · Minerals · Zinc



Helping you ^{and baby} to better health

Pregnatal®
30 tablets
blister pack

B: 83300C

M: 08-98

E: 09-2001

81231

KEEP OUT OF REACH OF CHILDREN



Pregnatal®

ALL-IN-ONE SUPPLEMENT FOR PREGNANCY

Uses: For the prevention and treatment of **iron** and **folic acid** deficiencies and to improve overall nutritional health throughout pregnancy and during breast feeding period.

Advantages: PREGNATAL contains **vitamin C** and **copper** for optimal iron uptake and utilisation. It provides all essential and appropriate nutrients incl. adequate levels of **zinc**, a nutrient now considered particularly important in pregnancy.

Dosage: Adults only: Prophylactic during pregnancy: Usually 1 tablet daily, during or after meals. **Not** to be given to children. Some pregnant women may need a higher prophylactic dose, especially during the last four months of pregnancy, when so prescribed by a doctor.



SCANPHARM
Healthcare Products
Copenhagen, Denmark

Store cool, dry and dark.

KEEP OUT OF CHILDREN'S REACH

Pregnatal®

Composition:	Each tablet contains	High dose	Other ingredients: See opposite
		(2 tablets daily) provides: **	
Nicotinamide BP	10 mg	100 %	
Calcium carboxylate BP	2.5 mg	50 %	
Vitamin D BP	45 mg	100 %	
Vitamin E BP	15 IU	100 %	
Copper	50 mg	22 %	
Magnesium	0.25 mg	..	
Manganese	0.75 mg	..	
Iodine	0.75 mcg	100 %	
Zinc	7.5 mg	100 %	

A.C. Schmidt's
COPENHAGEN

Pregnatal®

Composition:	Each tablet contains:	High dose	Other ingredients: See opposite
		(2 tablets daily) provides: **	
Iron (Fe) (present as 200 mg Ferrous fumarate BP)	65 mg	722 %	
Folic acid BP	0.5 mg	123 %	
Calcium (present as 325 mg Calcium carbonate BP)	130 mg	26 %	
Vitamin A BP	3,000 IU	60 %	
Vitamin D BP	200 IU	100 %	
Vitamin B 1 BP	1.5 mg	178 %	
Vitamin B 2 BP	1.5 mg	156 %	
Vitamin B 6 BP	2.5 mg	200 %	
Vitamin B 12 BP	4 mcg	100 %	

** % of U.S. Recommended Daily Allowance (U.S. RDA) for Pregnant or Lactating Women.
* No U.S. RDA has been established for this nutrient.